

Benefit News

You've got Teladoc

If you are enrolled in a PCS Aetna health plan, Teladoc provides access 24 hours, 7 days a week at less cost to talk to a U.S. - licensed physician for nonemergency medical conditions like sinus infections, bronchitis, seasonal allergies and much more. Talk to a doctor for \$25 if you have the Select Open Access, Choice POS II or CDHP plan or \$40 if you have the Basic Essential plan.

Aetna members also have access to Teladoc Behavioral Health. Employees and eligible dependents (age 18 or older) can schedule appointments with Psychiatrist, Psychologists, and Licensed Therapists by video. The employee cost share for Teladoc Behavioral Health Services is based upon the Aetna Member's plan selection (Aetna Select \$25 copay, Choice POS and CDHP 20% after annual deductible is met, and Basic Essential has 0% coinsurance).

For additional information on how to enroll or contact Teladoc, please see the [Teladoc](#) web page.

Wellness News

2021 Spring Wellness Webinars

Throughout the spring semester there will be a variety of different wellness webinars including nutrition, EAP, Financial Webinars, Yoga classes and more! Employees must register for these webinars. Full list of webinars and details can be found on [Wellness District Campaigns](#).

Upcoming webinars

1/14 5:30pm – *Guided Meditation: Yoga Nidra* - [Register](#)

1/20 5:00pm – *Nutrition Facts: Myth or Truth?* - [Register](#)

1/20 5:00pm – *Goal Setting: EAP* - [Register](#)

Aetna Health Promise Ending

The last day to earn credits for the Aetna Health Promise incentive was 12/31/2020. Please be sure to check you credits to make sure all your credits are posted. If you do not see your credits on your Aetna member website, please report it to the on-site Aetna representatives, Jessica O'Connell pcs.oconnellj@pcsb.org or Gina DeOrsey pcs.deorseyg@pcsb.org by **2/26/2021**. Directions for how to [check your credits](#).

Employees who earn the incentive in 2020 will receive the incentive directly in their paycheck in the first quarter of 2021. Employees must be employed and have the active PCS medical insurance through Aetna at the time of pay out to be eligible for the incentive. More details can be found on pcsb.org/wellness

The new wellness program, Limeade, will be replacing the Aetna Health Promise. More information will be coming soon!

Employee Discounts

[PerkSpot](#): travel discounts, tickets & entertainment, local offers and so much more. Company code: PCSB

[Tickets at Work](#): exclusive discounts, special offers and access to preferred seating and tickets to top attractions, theme parks, shows, sporting events, movie tickets, hotels and much more.
Company code: PCS

[Dell](#): 72-hour member exclusive offer begins 1/19/2021.